Wanted: A Few Good Perioperative Nurses

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Questions

What makes for a successful perioperative nurse?
Employers

LACK OF

CHARACTER

POSITIVE PERSONAL VALUES
A good perioperative nurse

- Knows who she is and why she was born
CHARACTER

- Individual’s pattern of behavior or personality
- Description of the traits or qualities of a person
- Moral constitution
PERSONALITY

- Visible aspect of one’s character
- The sum total of the physical, mental, emotional, and social characteristics of the individual
EMOTIONAL INTELLIGENCE

- An awareness of and ability to manage emotions and create motivation
How do we know that the person has high emotional intelligence?

“Anyone can be angry—that is easy. But to be angry with the right person, to the right degree, at the right time, for the right purpose, and in the right way — that is not easy.”
DON LOWRY, 1978

- GOLD
- BLUE
- GREEN
- ORANGE
Each of us is born with a particular basic personality and our goal is not to be like anyone else, but to become our “best self.”

Jung (1971), Psychological Times
Intense Situation

OVERALL PLAN

FEELINGS

THINK POSSIBILITIES

JUMP TO ACTION
Discovering your True Colors
Green

You are a person who is driven by the constant challenge of new ideas.
You have a natural ability to communicate with people on a deeply human level.
Gold

When people need a detailed, organized person to get things done, they always count on you.
Orange

You are a resourceful, action-oriented person who dislikes details, routine, and rules.
The truly extraordinary thing about the truth is that whenever you hear it, you know instantly that you have known it. Discovery is a process of remembering.

Alegra Taylor
True Colors Profile

FIRST
Primary Color
Self-esteem

SECOND
Secondary Color
Expression

THIRD

FOURTH

True Colors Profile

FIRST

Strengths

What you do well

SECOND

THIRD

FOURTH

Weaknesses

What you do not do well
What color?

- Spontaneous
- Punctual
- Caring
- Problem-solver
- Sweet and loving
- Dependable
- Intellectual
Finding work that fits your identity (instead of trying to squeeze your identity into your job) will allow you to express your true self, will lessen the discomfort and dissatisfaction you might otherwise feel, and will naturally result in positive self-esteem.

Kalil, 1998
“Best Self”

- Overcome fear
- Clear sense of mission
- Purpose-driven
- Meaningful life’s work

Kalil, 1998
A good perioperative nurse

- Has earned people’s RESPECT
- How is respect earned?
ALERT
RESPECT

- Trust
- Dependability
- Following through
- Word is as “good as gold”
HONESTY

- Manipulation of time card
- Sleeping on the job
- Taking unauthorized breaks
- Leave your work area without permission
- Personal long distance phone calls on company time
Choose a job you love to do and you will never work another day in your life.

Confucius
I am quick to say YES to requests before taking the time to consider what the task involves, or the time it may take.

I have a difficult time telling family and friends that they have done something that offends me.

Sometimes, it is hard to tell the salesperson in the store that I am just window shopping.
Voicing my opinion when a group is discussing an important matter is difficult, even when I think my opinion is valuable.

Having to ask for clarification when I am confused about what someone has said makes me feel incompetent.

I do not accept criticism well. I often get resentful and overreact to others who find fault in my performance or actions.
I have difficulty accepting compliments and sometimes downplay my accomplishments, appearances or abilities.

Requesting favors from others is something that I do not often do.

I have trouble informing people that I have changed my mind after I have agreed to do something for them.

Returning an improperly prepared meal in a restaurant is difficult for me.
• Carefree, playful, cheerful
• Curious, open
• Thrive on change
• Like to be surprised
Independent, unconventional
Free and unattached
Artistic
Live according to your convictions
Introspective, sensitive, reflective

Dislike superficiality

Inner tranquility and harmony

Rarely become bored
- Down-to-earth, well-balanced, harmonious
- Dependable
- Warm and human
- Clothing should be unobtrusively elegant and practical
Professional, pragmatic, self-assured
Take charge of life
Problem-solver, practical
Very dependable
• Peaceful, discreet, non-aggressive
• Easy going
• Make friends easily
• Escape to beautiful hideaways
• Appreciate life
Analytical, trustworthy, self-assured

Culture plays a special role in your life
- Romantic, dreamy, and emotional
- Very sensitive
- Important to have dreams in life
- Rich moods and emotions
Dynamic, active, extroverted
Risk-taker
Can’t stand routine
Initiative
Excellence
Performance Improvement